

Katie Wheeler, MS, RD, LD

Registered/Licensed Dietitian

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Education

Master of Science in Nutritional Sciences | University of Kentucky (UK), Lexington, KY

GPA: 3.9 | Achieved May 2018

Dietetic Internship | University of Kentucky Hospital (UKHC)/Veteran's Affairs Medical Center, Lexington, KY

Graduated in May 2013

Bachelors of Science in Nutrition Management | Rochester Institute of Technology (RIT), Rochester, NY

GPA: 3.86 | Minor in Exercise Science | Achieved May 2012

Work Experience

University of Kentucky Hospital, Markey Cancer Center | Lexington, KY | Feb 2014 - Current

Oncology Registered Dietitian, Senior

- Assesses Markey Cancer Center oncology and general medicine patients using the Nutrition Care Process
- Monitors and adjusts nutrition support prescriptions for adult patients
- Counsels patients on chronic disease management, health optimization, and symptom management
- Serves as a preceptor for six dietetic interns yearly
- Provides coverage for additional patients including but not limited to ICU, surgical, pediatric when needed
- Trains staff and interns to conduct nutrition-focused physical exams (NFPE) to diagnose malnutrition in patients

University of Kentucky | Lexington, KY | March 2017 – May 2018

Adjunct Instructor

- Taught Physical Exam Skills for the Clinical Nutritionist course to graduate students and Sports Nutrition & Rehabilitation course to undergraduate students
- Evaluated students on a weekly basis by providing and grading pop quizzes and multiple tests

St. Joseph Hospital | Lexington, KY | Nov 2013 – Feb 2014

Clinical Dietitian (temporary position)

- Assessed and implemented nutrition intervention for hospital patients
- Followed ICU and long-term care patients on tube feeding and TPN
- Provided appropriate medical nutrition therapy education for patients

University of Kentucky Hospital, Patient Dining | Lexington, KY | June 2013 – Nov 2013

Patient Services Supervisor

- Supervised ~20 food service employees to ensure adequate and appropriate diet selections for modified diets
- Facilitated as a liaison between food service and dietitians
- Developed and presented in-services for catering associates

Awards

- Preceptor of the Year award winner, 2023 – Bluegrass Dietetic Association (BGAND)
- Outstanding Dietetics Educator award winner, 2021 – Kentucky Academy of Nutrition and Dietetics (KAND)
- Emerging Dietetic Leader award winner, 2020 – KAND
- UKHC Clinical Nutrition Advancement Program: Gold level achieved in 2020, 2021, 2022, 2023

Additional Experience

- BGAND Nominating Committee member – 2023, 2024
- New Hire committee Chair, UK Hospital – 2023, 2024
- UKHC Epic Super User – 2021
- KAND Secretary KAND - June 2019 - 2021
- KAND State Media Representative - June 2017 – May 2019
- Yearly guest lecturer for UK Medical Nutrition Therapy course on NFPE and UK HHS 101
- UKHC Food Service & Nutrition Committee Chair, UK Hospital - 2018 – 2021

Credentials

- Registered Dietitian | CDR# 86002672 | Since 8/2013
- Licensed Dietitian | State of Kentucky | Valid through 10/2024 | License #123107